



## Boys & Girls Nursery Winter Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Lentil, spinach & mushroom lasagne	Chicken curry with rice V Chickpea & vegetable curry with rice	Salmon bites, new potatoes & mixed vegetables V Vegetable bites, new potatoes & mixed vegetables Greek yoghurt & fruit	Chilli con carne with rice V Quorn con carne with rice	Vegetable & kidney bean pasta bake
	Stewed apples & custard	Fruit salad	Lentil soup & fresh bread	Cheesecake	Fromage Frais
	Beans & sweetcorn on toast	Mini jacket potatoes with tuna & sweetcorn V Mini jacket potatoes with winter fillings		Selection of sandwiches	Veggie fingers & baked beans
	Berry flapjack	Fresh fruit	Shortbread biscuits	Fresh fruit	Fresh fruit
Week 2	Cheese & cauliflower pasta bake with cannellini beans	Crispy baked fish, new potatoes & mixed vegetables V Crispy bean bake, new potatoes & mixed vegetables	Bean curry with rice	Roast dinner V Vegetarian roast	Shepherd's pie V Lentil & vegetable pie
	Stewed fruit & custard	Greek yoghurt & fruit puree	Fruit sponge	Fromage Frais	Bananas & custard
	Selection of filled rolls	Chef's soup & pitta bread fingers with soft cheese	Spaghetti hoops on toast with grated cheese & carrot sticks	Pizza & crudités	Fish fingers & baked beans with peas V Veggie fingers & baked beans with peas
	Fresh fruit	Apple & sultana muffins	Fresh fruit	Homemade oat cookies	Fruit salad
Week 3	Veggie packed red lentil bolognese	Fish pie V Bean pie with mash	Chicken pie, potatoes & vegetables V Quorn pie, potatoes & vegetables	Vegetable risotto	Turkey biryani V Vegetable biryani
	Fruit crumble	Fruit Salad	Rice pudding	Fresh fruit	Greek yoghurt & fruit puree
	Vegetable & chickpea soup with croutons	Veggie burgers, tzatziki & pitta	Toasted muffins with chef's choice of topping	Homemade soup with lentils & fresh bread	Mixed potato wedges & baked beans
	Fresh fruit	Bananas & custard	Fromage Frais	Carrot cake	Chocolate brownies