

Boys & Girls NurSery Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	V Lentil & mushroom lasagne	Turkey curry V Quorn curry	Salmon bites, new potatoes & vegetables V Vegetable bites, new potatoes & vegetables	Vegetable risotto	Shepherd's pie V Lentil & vegetable pie
	Greek yoghurt & honey	Fruit salad	Stewed apples & custard	Cheesecake	Fromage Frais
	Fish fingers & spaghetti hoops V Veggie fingers & spaghetti hoops	Beans on toast	Lentil soup & bread	Selection of sandwiches	Veggie fingers & baked beans
	Fresh fruit	Berry flapjack	Shortbread biscuits	Fresh fruit	Fresh fruit
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Spaghetti Bolognese V Red lentil Bolognese	Crispy baked fish & new potatoes V Crispy bean bake & new potatoes	Bean curry	Roast dinner V Vegetarian roast	Vegetable pasta bake
	Fruit crumble	Yoghurt & fruit puree	Fruit sponge	Fromage Frais	Bananas & custard
	Selection of filled rolls	Chef's soup & toast fingers	Spaghetti hoops on toast	Fish fingers & baked beans V Veggie fingers & baked beans	Pizza & crudités
	Fresh fruit	Apple & sultana muffins	Fresh fruit	Carrot cake	Fruit salad
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese & broccoli pasta bake	Chicken pie & vegetables V Quorn pie & vegetables	Chilli Con Carne V Quorn Con Carne	Fish Pie V Bean pie	Chicken biryani V Vegetable biryani
	Stewed fruit & custard	Rice pudding	Fruit salad	Fresh fruit	Yoghurt & fruit puree
	Vegetable soup & croutons	Veggie burgers, tzatziki & pitta	Toasted muffins with chef's choice of topping	Homemade soup	Potato wedges & baked beans
	Fresh fruit	Bananas & custard	Fromage Frais	Homemade oat cookies	Chocolate brownies