

Boys & Girls NurSery Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Lasagne V Lentil & mushroom lasagne	Crispy baked fish & wedges V Crispy bean bake & wedges	Chicken pie & vegetables V Butterbean pie & vegetables	Vegetable risotto	Turkey curry & rice V Vegetable curry
	Greek yoghurt & honey	Sorbet	Fruit salad	Cheesecake	Banana loaf
	Crackers, cheese, crudité's & houmous dip	Pizza & crudité's	Beans on toast	Selection of sandwiches	Veggie fingers & baked beans
	Berry flapjack	Fresh fruit	Shortbread biscuits	Fresh fruit	Fresh fruit
Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Bean curry	Spaghetti bolognese V Red lentil bolognese	Roast dinner V Vegetarian roast	Salmon & vegetable cous cous V Chickpea & vegetable cous cous	Chilli con carne V Vegetarian chilli
	Yoghurt & fruit puree	Fruit crumble	Fruit sponge	Peach slices & ice cream	Apricot, apple and pear custard
	Fish fingers & spaghetti hoops V Veggie fingers & spaghetti hoops	Selection of filled pitta pockets	Pasta salad	Selection of filled rolls	Pizza & crudité's
	Apple & saltana muffins	Fresh fruit	Fresh fruit	Fruit cake	Fruit salad
Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheese & broccoli pasta bake	Crispy chicken V Crispy quorn	Fish pie V Vegetable pie	Chicken biryani V Vegetable biryani	Salmon bites, new pots & veg V Vegetable bites, new pots & veg
	Stewed fruit & custard	Sorbet	Yoghurt & fruit puree	Fresh fruit	Fruit salad
	Falafel burgers, tzatziki & pitta	Potato wedges & baked beans	Selection of sandwiches	Spaghetti hoops on toast	Rice cakes, cheese and crudité's
	Fresh fruit	Carrot cake	Bananas & fromage frais	Chocolate brownies	Fruit ice lolly